

Updated AMIAS Test Questions 2017

	Test Questions	Answer
1.	<p>The number of certified AMIAS (group sponsors) that must be in every Alateen meeting is:</p> <ul style="list-style-type: none"> a. At least one b. Two c. Three d. None, if a long time Al-Anon member is willing to sit in. 	
2.	<p>Outside of the meeting, or after the meeting, you should never be alone with an Alateen of any age.</p> <p style="text-align: center;">True or False</p>	
3.	<p>If an Alateen wants your personal help outside of a meeting, it is ok to meet with them alone or talk / text to them on the phone.</p> <p style="text-align: center;">True or False</p>	
4.	<p>If there is no certified sponsor available, another Al-Anon member can step into the Alateen meeting in order for the meeting to continue.</p> <p style="text-align: center;">True or False</p>	
5.	<p>Alateen meetings are closed meetings, but any Al-Anon member who is interested or willing to help can sit in on an Alateen meeting if they are considering becoming an AMIAS.</p> <p style="text-align: center;">True or False</p>	
6.	<p>The District Representative and / or AISL, as part of their duties, can sit in on Alateen meetings.</p> <p style="text-align: center;">True or False</p>	

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7.	<p>To find the list of Area Behavioral Requirements for AMIAS (group sponsors) you can:</p> <ol style="list-style-type: none"> a. Call the World Service Office b. Go to the Area Website, Southflorida-alanon.org, click on the Alateen link and pull up the application form, page 2. c. Contact your local Alateen Chairperson (a service position within AIS or the District) d. Both B and C 	
8.	<p>Circle which one of the acronyms below are correct:</p> <ol style="list-style-type: none"> a. AMIAS = Al-Anon Member Involved in Alateen Service, often called a group sponsor b. AISL = Al-Anon Information Service Liaison c. DR = District Representative d. AAPP = Alateen Area Process Person e. All the above are correct f. 	
9.	<p>Repeat background checks will be done every 3 years for all active AMIAS. True or False</p>	
10.	<p>Failing to meet the deadline for repeat background checks and or the annual recertification process will result in an AMIAS becoming inactive and not being allowed to interact with Alateens. True or False</p>	
11.	<p>New AMIAS must be trained within 30 days of being certified; current AMIAS must complete training every 3 years. True or False</p>	

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12.	<p>An Alateen sponsor must have the Area's Travel and Medical Release Form in his / her possession, signed and notarized by a parent or guardian, before transporting an Alateen. Where can you get the form?</p> <ol style="list-style-type: none"> a. Contact the World Service Office b. Check the North Florida Al-Anon website c. Go to the South Florida Area Website: www.southfloridaal-anon.org and look under the Alateen link. d. Ask the parent of the Alateen 	
13.	<p>Child abuse in FL is defined as any physical, mental, or sexual injury or harm that causes or is likely to cause the child's physical, mental or emotional health to be significantly impaired....."</p> <p style="text-align: center;">True or False</p>	
14.	<p>Circle all that are correct:</p> <ol style="list-style-type: none"> a. As a group sponsor (AMIAS) you can serve as a personal sponsor to Alateens b. As a group sponsor, you do not serve as a personal sponsor to Alateens c. It is appropriate to use Alateen literature to have the group study the steps during the meeting. d. An Al-Anon who is a former Alateen member can be a personal sponsor to an Alateen. 	
15.	<p>While the Alateen group sets its own behavioral guidelines, the Alateen Group Sponsors set safety parameters which are not subject to group vote or approval.</p> <p style="text-align: center;">True or False</p>	
16.	<p>Alateen Group Sponsors encourage the group to set their own behavioral guidelines and what the consequences of violations will be. This is because participation in setting the rules can increase support of them.</p> <p style="text-align: center;">True or False</p>	

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17.	<p>When there is a change in the AMIAS / group sponsor affiliated with (committed to) an Alateen meeting, it is NOT necessary to immediately do a <i>GR-3</i> change form notifying the Area and WSO.</p> <p style="text-align: center;">True or False</p>	
18.	<p>What material is found on the WSO website?</p> <ul style="list-style-type: none"> a. Alateen Safety Guideline (G-34) b. Al-Anon/Alateen Service Manual c. Alateen Service e-Manual d. Other Guidelines relating to Alateen (Meetings in Schools, Alateen Conferences, etc.) e. All the above 	
19.	<p>Some roles of Alateen group sponsors include:</p> <ul style="list-style-type: none"> a. Chairing the meeting b. Being a personal sponsor to the Alateens c. Helping the Alateens work through parental issues by letting them know when parents are wrong or unfair. d. None of the above 	
20.	<p>If an Alateen Sponsor / AMIAS becomes aware of suspected child abuse, he / she can choose to not report it because of the principle of anonymity. (Tradition 12).</p> <p style="text-align: center;">True or False</p>	
21.	<p>If you suspect abuse of an Alateen, by anyone, the first thing you should do is:</p> <ul style="list-style-type: none"> a. Notify the parent b. Discuss the issue with the Al-Anon Information Service Liaison, Alateen Chairperson, or District Representative c. Call the FL hotline and make a report, identifying myself as an Alateen Sponsor and a member of Al-Anon d. Never discuss your intentions to report with the Alateen member. Instead, advise the Alateen what to do to prevent abuse. 	

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22.	<p>Since Alateen members come and go from the group and you have sponsored for a long time, in effect, you govern the group. True or False</p>	
23.	<p>Circle some common sense ways to keep the focus on safety:</p> <ul style="list-style-type: none"> a. Transport Alateens in a group and with another adult and do not transport Alateens without parental permission forms b. Be gender and number conscious c. Call/text Alateens to encourage them to attend the meeting d. A and B e. A, B and C 	
24.	<p>If an Alateen is disruptive:</p> <ul style="list-style-type: none"> a. You need to demonstrate Al-Anon principles with what you say and do b. You cannot ask the disruptive Alateen to leave the meeting c. You can ask for help from other AMIAS d. You must treat the Alateen with respect e. A, C and D 	
25.	<p>As an Alateen Group Sponsor, I can avoid future problems with dominance, rudeness, lack of self-discipline, and age differences by helping the group establish behavior guidelines before there is a problem. True or False</p>	

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26.	<p>Circle all that apply: When there are problem behaviors in the group, you can:</p> <ul style="list-style-type: none"> a. Use Serenity Prayer and then ask the group to discuss the problem in a general way with the group, inviting discussion. b. Discuss and take an informed Group conscience. c. Encourage the Alateens and Alateen Group Sponsors to apply the Traditions to the situation and to stick to Al-Anon/Alateen principles. d. Refer to the group's behavior guidelines, including actions to take with violators. e. Help the group consider if a group inventory would be helpful. 	
27.	<p>Circle all that apply: If there is conflict between Group Sponsors:</p> <ul style="list-style-type: none"> a. One or both Sponsors may step down for a time. b. All parties practice the Twelfth Tradition by placing principles above personalities. c. The District Representative (DR), Alateen Chairperson, or another trusted servant may be an impartial party and provide a new perspective. d. The DR or Alateen Coordinator may also help the group take a group inventory. 	
28.	<p>If you are co-sponsoring and experiencing personality conflicts, difference in style of sponsoring, domination of the group by a sponsor, or domination of other sponsors by a sponsor, what can you do? Circle all that apply.</p> <ul style="list-style-type: none"> a) During the Alateen meeting, discuss the conflict between the sponsors. b) Talk to other trusted servants, including the DR, Area Alateen Coordinator, AISL c) Discuss your concerns in an Al-Anon meeting 	

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29.	<p>If you don't agree with the Area guidance or AMIAS Behavioral Requirements or instructions in the training modules, you don't have to follow them because each group is autonomous.</p> <p style="text-align: center;">True or False</p>	
30.	<p>If you don't follow the Area Behavioral Requirements, instructions in the training modules, or WSO Guidelines, the Area has the right of decision on who can serve as an Alateen sponsor. (You could be asked to step down as a sponsor.)</p> <p style="text-align: center;">True or False</p>	
31.	<p>Circle all that are accurate: If an Alateen exhibits behaviors (crying, fidgeting, anger, confusion, doodling) that may be symptoms of an underlying problem, you could:</p> <ul style="list-style-type: none"> a. Meet separately with the Alateen to explore what is bothering him /her. b. Discuss with the parents what might be the underlying problem. c. Let the Alateen talk about it in the meeting and encourage members to find solutions d. Suggest a meeting topic on the issue that may be the underlying problem. e. Suggest a meeting topic to engage the group in general discussion on living with problems common to Alateens, for example: violence or anger, running away, peer pressure, abuse, sex & sexuality, suicide, etc. 	
32.	<p>You don't need to know local laws about reporting abuse.</p> <p style="text-align: center;">True or False</p>	
33.	<p>It is a good idea to keep a list of community resources to provide to Alateens.</p> <p style="text-align: center;">True or False</p>	

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34.	<p>You should have a "Service Sponsor" with whom you can discuss difficult situations.</p> <p style="text-align: center;">True or False</p>	
35.	<p>An Alateen shares with you issues between him and his parent. You feel the parent is totally wrong and want to help the Alateen. It is okay to express your opinion to the Alateen that his parent is wrong.</p> <p style="text-align: center;">True or False</p>	
36.	<p>An Alateen shares with you issues between her and her mother. The mother has asked for your help and encouragement and wants to meet with you. It is okay to talk to the mother and share your opinion about ways to help the Alateen.</p> <p style="text-align: center;">True or False</p>	
37.	<p>In either of the two situations above, it is okay for you to give advice to the Alateen about what to do.</p> <p style="text-align: center;">True or False</p>	
38.	<p>You know that the Alateens are always struggling for money, so it is ok for them to not pass the basket to pay for their meeting expenses or literature.</p> <p style="text-align: center;">True or False</p>	
39.	<p>You have a registered Alateen meeting but no Alateens are coming. Circle all actions which you can take.</p> <ul style="list-style-type: none"> a. Work with Area Alateen Coordinator, District/AIS Alateen and Public Outreach contact/committee. b. Plan Public Outreach to AI-Anon groups, A.A. groups, Schools, Community, Local events (health fairs, etc.). c. Speak / make announcements in local/Area service meetings. d. Demonstrate that Alateen is part of AI-Anon. e. Encourage Alateens to attend local fellowship events, in compliance with Area Alateen Safety and Behavioral Requirements. 	

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40.	<p>Circle things that AMIAS / group sponsors can do to prevent burnout:</p> <ul style="list-style-type: none"> a. Keep the focus on your own recovery b. Attend additional Al-Anon meetings c. Use your personal and service sponsors d. Put your own emotional and spiritual needs first e. Recognize that it may be time to take a break from sponsoring 	
41.	<p>Circle all that are true: Parents are often anxious about their children attending Alateen. What can you do to encourage them and to reduce their fears?</p> <ul style="list-style-type: none"> a. Stress how attending Al-Anon can help them, the parent. b. Give them literature c. Never behave in a way that puts you between a parent and a child or undermines the parent's authority d. Explain the concept of anonymity, and stress that you will respect it, too. e. Explain how the meeting is run 	
42.	<p>During Alateen Conferences, the Alateen Sponsors, who brought the Alateens, are responsible for the safety of the Alateens 24 hours a day. True or False</p>	
43.	<p>When parents or guardians bring Alateens to an event, such as the Area Al-Anon Convention, the Alateen Sponsors, not the parents, are responsible for them even when they are not attending an Alateen meeting or function. True or False</p>	
44.	<p>If another Area, such as North Florida or South Georgia, is holding an Alateen Conference, and the Alateens want to attend, I do need the approval of my Area before I take the Alateens to the Conference. True or False</p>	

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45.	<p>A State and National Criminal History check is conducted on each AMIAS applicant. AMIAS fingerprints are retained on-file by the FDLE. The AAPP will be notified of any Florida arrest or conviction. A National Criminal History check is conducted every 5th year, utilizing the fingerprints maintained on-file with the FDLE. An AMIAS update or re-certification is conducted by the WSO through your District every year.</p> <p>True or False</p>	