

## 2021 Revised AMIAS Test Questions

Test Questions	
1.	<p>The minimum number of certified AMIAS (group sponsors) that must be in every Alateen meeting is:</p> <ul style="list-style-type: none"> <li>a. At least one</li> <li>b. Two</li> <li>c. Three</li> <li>d. None, if a long time Al-Anon member is willing to sit in.</li> </ul>
2.	<p>Outside of the meeting, or after the meeting, you should never be alone with an Alateen of any age.</p> <p style="text-align: center;">True or False</p>
3. (NEW)	<p>While sponsors avoid <u>one-on-one</u> interactions, it is appropriate for the group to maintain a contact list of phone numbers and e-mails. Sponsors would not message or call Alateens individually; they can send group messages which go to everyone.</p> <p style="text-align: center;">True or False</p>
4.	<p>Alateen meetings are closed meetings, but any Al-Anon member who is interested or willing to help can sit in on an Alateen meeting if they are considering becoming an AMIAS. If there is no certified sponsor / AMIAS available, another Al-Anon member can step into the Alateen meeting in order for the meeting to continue.</p> <p style="text-align: center;">True or False</p>
5. (NEW)	<p>In Florida South, Area 10, which of these are AMIAS requirements? Circle the correct answer(s).</p> <ul style="list-style-type: none"> <li>a. AMIAS must pass federal and state background checks and agree that the State of Florida can retain their fingerprints, which will allow “real-time” reporting of any alleged illegal activity.</li> <li>b. Follow FL law for reporting abuse / neglect.</li> <li>c. Agree to participate in, and complete, required training.</li> <li>d. Have a repeat federal background check every 5 years.</li> <li>e. ALL the above</li> </ul>
6.	<p>New AMIAS must be trained within 30 days of being certified. Current AMIAS must complete training every 3 years thereafter.</p> <p style="text-align: center;">True or False</p>
7.	<p>If you don't follow the Area Behavioral Requirements, instructions in the training modules, or WSO Guidelines, the Area has the right of decision on who can serve as an AMIAS. (You could be asked to step down as an AMIAS.)</p> <p style="text-align: center;">True or False</p>
8.	<p>Circle all that are correct:</p> <ul style="list-style-type: none"> <li>a. As an AMIAS you can serve as a personal sponsor to Alateens</li> <li>b. As an AMIAS you do not serve as a personal sponsor to Alateens</li> <li>c. An AMIAS who is a former Alateen member can be a personal sponsor to an Alateen.</li> </ul>

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9.	<p>A State and National Criminal History check is conducted on each AMIAS applicant. AMIAS fingerprints are retained on-file by the Florida Department of Law Enforcement (FDLE). The AAPP will be notified of any Florida arrest or conviction. A National Criminal History check is conducted every 5th year, utilizing the fingerprints maintained on-file with the FDLE. An AMIAS update or re-certification is conducted by the WSO through your District / the Area every year.</p> <p style="text-align: center;">True or False</p>
10.	<p>While the Alateen group sets its own behavioral guidelines, the AMIAS / Group Sponsors sets safety parameters which are not subject to group vote or approval.</p> <p style="text-align: center;">True or False</p>
11.	<p>Alateen Group Sponsors encourage the group to set their own behavioral guidelines and what the consequences of violations will be. This is because participation in setting the rules can increase support of them.</p> <p style="text-align: center;">True or False</p>
12.	<p>Child abuse in FL is defined as “any physical, mental, or sexual injury or harm that causes or is likely to cause the child’s physical, mental or emotional health to be significantly impaired.....”</p> <p style="text-align: center;">True or False</p>
13.	<p>An Alateen shares with you issues between her and her mother. The mother has asked for your help and encouragement and wants to meet with you. It is okay to talk to the mother and share your opinion about ways to help the Alateen.</p> <p style="text-align: center;">True or False</p>
14..	<p>It is okay for you to give advice to the Alateen.</p> <p style="text-align: center;">True or False</p>
15.	<p>An Alateen sponsor must have the Area’s Travel and Medical Release Form in his / her possession, signed and notarized by a parent or guardian, before transporting an Alateen. Where can you get the form?</p> <ol style="list-style-type: none"> <li>a. Contact the World Service Office</li> <li>b. Check the North Florida Al-Anon website</li> <li>c. Go to the South Florida Area Website: <a href="http://www.southfloridaal-anon.org">www.southfloridaal-anon.org</a> and look under the Alateen link.</li> <li>d. Ask the parent of the Alateen</li> </ol>
16..	<p>During Alateen Conferences, the AMIAS who brought the Alateens, are responsible for the safety of the Alateens 24 hours a day.</p> <p style="text-align: center;">True or False</p>
17.	<p>When parents or guardians bring Alateens to an <b>Al-Anon</b> event, such as the Area Al-Anon Convention, the AMIAS, not the parents, are responsible for them even when they are not attending an Alateen meeting or function.</p> <p style="text-align: center;">True or False</p>

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18.	<p>If another Area, such as North Florida or South Georgia, is holding an Alateen Conference, and the Alateens want to attend, the AMIAS needs the approval of this Area before taking the Alateens to the Conference.</p> <p style="text-align: center;">True or False</p>
19.	<p>If an Alateen Sponsor / AMIAS becomes aware of suspected child abuse, he/ she can choose to not report it because of the principle of anonymity. (Tradition 12).</p> <p style="text-align: center;">True or False</p>
20.	<p>Circle the correct answer. If you suspect abuse of an Alateen, by anyone, the <u>first</u> thing you should do is:</p> <ol style="list-style-type: none"> <li>a. Notify the parent</li> <li>b. Discuss the issue with Al-Anon Trusted Servants, such as the Area Alateen Coordinator, your district Al-Anon Information Service Liaison, Alateen Chairperson, or District Representative</li> <li>c. Call the FL hotline and make a report, identifying yourself as an Alateen Sponsor and a member of Al-Anon</li> </ol>
21.	<p>Since Alateen members come and go from the group and you have sponsored for a long time, in effect, you govern the group.</p> <p style="text-align: center;">True or False</p>
22.	<p>Circle all common sense ways to keep the focus on safety:</p> <ol style="list-style-type: none"> <li>a. Transport Alateens in a group and with another adult and do not transport Alateens without parental permission forms</li> <li>b. Be gender and number conscious</li> <li>c. <u>Individually</u> call or text each Alateen to check on them</li> <li>d. Both A and B</li> <li>e. Both A and C</li> </ol>
23.	<p>Setting Boundaries: Circle those that are correct:</p> <ol style="list-style-type: none"> <li>a. You need to demonstrate Al-Anon principles with what you say and do</li> <li>b. It is appropriate to ask the disruptive Alateen to leave the meeting</li> <li>c. You can ask for help from other AMIAS</li> <li>d. Treat Alateens with respect</li> <li>e. Do not accept unacceptable behavior</li> </ol>
24.	<p>As an Alateen Group Sponsor, I can avoid future problems with dominance, rudeness, lack of self-discipline, and age differences by helping the group establish behavior guidelines before there is a problem.</p> <p style="text-align: center;">True or False</p>

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25.	<p>Circle all that apply: When there are problem behaviors in the group, you can:</p> <ol style="list-style-type: none"> <li>a. Use Serenity Prayer and then ask the group to discuss the problem in a general way with the group, inviting discussion.</li> <li>b. Discuss and take an informed group conscience.</li> <li>c. Encourage the Alateens and Alateen Group Sponsors to apply the Traditions to the situation and to stick to AI-Anon/Alateen principles.</li> <li>d. Refer to the group's behavior guidelines, including actions to take with violators.</li> <li>e. Help the group consider if a group inventory would be helpful.</li> <li>f. All are correct</li> </ol>
26.	<p>Circle all that apply. If there is conflict between Group Sponsors or between Alateens and a group sponsor:</p> <ol style="list-style-type: none"> <li>a. One or both sponsors may step down for a time.</li> <li>b. All parties practice the Twelfth Tradition by placing principles above personalities.</li> <li>c. The District Representative (DR), Alateen Chairperson, or another trusted servant may be an impartial party and provide a new perspective.</li> <li>d. The DR or Alateen Coordinator may also help the group take a group inventory.</li> <li>e. All are correct</li> </ol>
27.	<p>If you are co-sponsoring and experiencing personality conflicts, difference in style of sponsoring, domination of the group by a sponsor, or domination of other sponsors by a sponsor, what can you do? Circle all that apply.</p> <ol style="list-style-type: none"> <li>a) During the Alateen meeting, discuss the conflict between the sponsors.</li> <li>b) Talk to other trusted servants, including the DR, Area Alateen Coordinator, AISL and other trusted servants</li> <li>c) Discuss your concerns in an AI-Anon meeting</li> </ol>
28.	<p>If you don't agree with Area Alateen Safety and Behavioral Requirements or instructions in training modules, you don't have to follow them because each group is autonomous.</p> <p style="text-align: center;">True or False</p>
29.	<p>The District Representative and / or AISL, as part of their duties, can sit in on Alateen meetings and may help the Alateen Group conduct a group inventory.</p> <p style="text-align: center;">True or False</p>
30.	<p>Circle all that are accurate: If an Alateen exhibits behaviors (crying, fidgeting, anger, confusion, doodling) that may be symptoms of an underlying problem, you could:</p> <ol style="list-style-type: none"> <li>a. Meet separately with the Alateen to explore what is bothering him /her.</li> <li>b. Discuss with the parents what might be the underlying problem.</li> <li>c. Let the Alateen talk about it in the meeting and encourage members to find solutions</li> <li>d. Suggest a meeting topic on the issue that may be the underlying problem.</li> <li>e. Suggest a meeting topic to engage the group in general discussion on living with problems common to Alateens, for example: violence or anger, running away, peer pressure, sex &amp; sexuality, suicide, etc.</li> </ol>

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31.	<p>It is strongly suggested that you should have a “Service Sponsor” who has experience with Alateen. You can discuss difficult situations with them.</p> <p style="text-align: center;">True or False</p>
32.	<p>You have a registered Alateen meeting but no Alateens are coming. Circle all actions which you can take.</p> <ol style="list-style-type: none"> <li>a. Work with Area Alateen Coordinator, District/AIS Alateen and Public Outreach contact/committee.</li> <li>b. Plan Public Outreach to Al-Anon groups, A.A. groups, Schools, Community, Local events (health fairs, etc.).</li> <li>c. Participate in local Area Service Meetings</li> <li>d. Demonstrate that Alateen is part of Al-Anon.</li> <li>e. Encourage Alateens to attend local fellowship events, in compliance with Area Alateen Safety and Behavioral Requirements.</li> <li>f. All are correct</li> </ol>
33.	<p>Circle things that AMIAS / group sponsors can do to prevent burnout and detach:</p> <ol style="list-style-type: none"> <li>a. Keep the focus on your own recovery</li> <li>b. Attend additional <b>Al-Anon</b> meetings</li> <li>c. Use your personal and service sponsors</li> <li>d. Put your own emotional and spiritual needs first</li> <li>e. Recognize that it may be time to take a break from sponsoring</li> <li>f. All are correct</li> </ol>
34.	<p>Circle all that are true: Parents are often anxious about their children attending Alateen. What can you do to encourage them and to reduce their fears?</p> <ol style="list-style-type: none"> <li>a. Stress how attending Al-Anon can help them, the parent.</li> <li>b. Give them literature</li> <li>c. Never behave in a way that puts you between a parent and a child or undermines the parent’s authority</li> <li>d. Explain to the parent what the concept of anonymity is and that it is respected in the Alateen meeting. Let the parent know that you will also not share with the Alateen anything that the parent shares with you.</li> <li>e. Explain how the meeting is run</li> </ol>
35.	<p>The District Representative and / or AISL, as part of their duties, can sit in on Alateen meetings and may help the Alateen Group conduct a group inventory.</p> <p style="text-align: center;">True or False</p>
36.	<p>When there is a change in the AMIAS/ group sponsor affiliated with (committed to) an Alateen meeting, it is critical to immediately do a GR-3 change form and send it to the Area Alateen Process Person (AAPP).</p> <p style="text-align: center;">True or False</p>

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37. (NEW)	<p>As face to face Alateen meetings were replaced by electronic meetings on Zoom or other electronic platforms, a federal law became relevant. It applies to Internet based meetings only. It requires parental permission for any child under the age of 13 to participate in an Internet based meeting. As long as <u>local / Area</u> Internet based meetings continue, the parent / legal guardian should be asked to send you an e-mail or other written record giving their permission for the child under 13 to participate. Retain it for your records.</p> <p>True or False</p>
37. (NEW)	<p><b>Bonus Question:</b> <b>Have you gone to the WSO Website, and read / downloaded the Alateen Service e-manual and the guidelines relating to Alateen?</b> <a href="https://al-anon.org/for-members/members-resources/manuals-and-guidelines/">https://al-anon.org/for-members/members-resources/manuals-and-guidelines/</a></p> <p>a. Yes b. Not yet, but I will do it ASAP</p>