

# AL-ANON FAMILY GROUPS, FLORIDA SOUTH, AREA 10

## Guidelines for Training of Al-Anon Members Involved in Alateen Service (AMIAS)

### AMIAS Training Requirements:

Completion of AMIAS Training is one step in the process to become a certified AMIAS in Area 10. Training, using the Area Modules is required. No AMIAS applicant can be certified without proof of completion of the training and passing the test. The test must be graded by the Area Alateen Coordinator or the district level qualified trainer. There is no “passing grade” because any question not answered correctly will be reviewed with the potential new AMIAS by the qualified trainer.

The required frequency of training, after initial certification, is whenever there is an update to the training curriculum, or if no updates, every three years from the date of certification.

Training is essential so AMIAS know what to do to keep Alateens safe, but also helps each AMIAS know what to do and not do to protect himself / herself. It also contains key information specific to Florida law that each AMIAS must know. The training is something that helps the AMIAS.

### Responsibility for Training

Primary training will be most timely and effective if done at the District level. The Alateen Coordinator can “train the trainer” and ensures trainers are competent at the district level. While many other training opportunities can be available throughout the Area, the District should ensure AMIAS receive training and that the District keep a record of training. The Alateen Coordinator is encouraged to recruit other certified AMIAS to assist in training the trainers.

Each District will identify at least one district level “trainer” who is a certified AMIAS and who will be trained to provide training to potential AMIAS and current AMIAS.

The District ensures AMIAS receive training and keeps a record of all AMIAS training. In addition, as part of Area 10 certification and re-certification, the training date will be recorded by the AAPP in the “Notes” section of the WSO Online Group Records.

Suggestion: It helpful for each district and district Al-Anon members demonstrate a welcoming and caring atmosphere to encourage and support service to Alateen. For example, offering frequent opportunities for sharing and training. While each district is autonomous, it is suggested that each district provide these opportunities at least two times a year and more often if possible.

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Suggestion: While each district is autonomous, each district is encouraged to ensure that AMIAS have service sponsorship opportunities and, whenever possible, support an Alateen group or open a new Alateen group with an experienced certified AMIAS.

### **Options for Providing Training**

It is important that any Al-Anon member interested in serving Alateen have access to training material and resources. Use the links of service to find access to this information (I.e., District Representative, Area Alateen Coordinator or Area Alateen Process Person).-

### **Requirements:**

1. Whenever possible, training is made available at Area events.
2. Convention Chairpersons are encouraged to set aside at least one 2- hour workshop at each convention for AMIAS training.
3. Training is also available on the Area Website, with the option of the Al-Anon member completing training by reviewing the modules, taking a test, and turning the test into the certified district level AMIAS responsible for training or to the Area Alateen Coordinator. For AMIAS applicants, face to face training is preferred, but completion of the on-line modules found on the Area 10 website is acceptable.

### **Content of the Training Modules**

The Area Alateen Coordinator is the liaison between the Area and the World ServiceOffice (WSO) and will be the first recipient of alerts if training modules are modified.

The Area Alateen Coordinator will be responsible for modifying and updating the content of the training modules and the test, using the World Service (WSO modules), Area requirements, current policy for Alateen, and service guidelines while adhering to state laws.