



# SUNSHINER

AUGUST 2013

FLORIDA SOUTH AL-ANON -PANEL 52-VOLUME 5

## A letter from the chair

Hello Everyone,

I just want to say “**Thank You**” to all of you who are serving on Panel 52, whether it is at the Group, District or Area level. It takes all of us to make it work and to assure that this wonderful program is still around for our kids and grandkids. There is so very much growth in service work and it is so rewarding. The harder I try to give more than I get in return the more I realize that it’s just not possible. We always get more out of service work than we put in every time.

It’s hard to believe that we have already completed the first half of this panel. In June they had a very successful **Alateen Conference** in Lake Placid. I understand there was 50 teens and preteens in attendance! How wonderful! In August at the AWSC meeting we will set the Agenda for the Fall Assembly in October which will be back in Fort Myers again. The Convention Committee is working hard to finalize last minute details for our **24th Annual Florida South Convention** in Bonita Springs set for August 23-25. In addition, there is another committee already working on the 25<sup>th</sup> Annual to be held in 2014 and we will find out all about that at the close of this year’s event. How exciting! I love all the events, the fellowship and growth that comes with each one is wonderful. We are also in the process of getting a TEAM Event approved for April or May of 2014.

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All the meetings and events need lots of things prepared before they can happen. Some do a lot and some do a little. I want to recognize every one of you that have served or are serving. That’s what it takes to grow strong in the Al-Anon and Alateen program. Don’t forget to encourage someone else to step up and do service too. Remember we have elections coming up for the next panel just over a year away. I know it sounds like a long time off but it already seems such a short time ago when we held our last elections.

Have a wonderful summer, pick up a friend and go to your local, district and area events. I look forward to seeing the panel and possibly some GIP’s at the AWSC Meeting in August and all of you at the Fall Assembly in Fort Myers in October.

Yours in Service,  
Becky R, Area 10 Chair

<b>Positions</b>	<b>Name</b>	<b>EMAIL</b>
<b>Area Officers</b>		
Delegate	Jennifer D.	<a href="mailto:delegatefls52@aol.com">delegatefls52@aol.com</a>
Alt. Delegate	Kathy D.	<a href="mailto:altdelegate52fls@att.net">altdelegate52fls@att.net</a>
Chair	Becky R.	<a href="mailto:chair52fls@yahoo.com">chair52fls@yahoo.com</a>
Secretary	Betsy R.	<a href="mailto:panel52secretary@yahoo.com">panel52secretary@yahoo.com</a>
Treasurer	Louanne V.	<a href="mailto:treasurer52fls@yahoo.com">treasurer52fls@yahoo.com</a>
<b>Area Coordinators</b>		
Alateen	Paul D.	<a href="mailto:Alateen52fls@gmail.com">Alateen52fls@gmail.com</a>
AAPP	Linda S.	<a href="mailto:fls52aapp@gmail.com">fls52aapp@gmail.com</a>
Archives	Jennifer R.	<a href="mailto:archives52fls@gmail.com">archives52fls@gmail.com</a>
Convention Chair 2013	Juliette L.	<a href="mailto:thebigeasychair@live.com">thebigeasychair@live.com</a>
Group Records	Nadine A.	<a href="mailto:grouprecords52fls@yahoo.com">grouprecords52fls@yahoo.com</a>
Literature	Betsy M.	<a href="mailto:literature52fls@gmail.com">literature52fls@gmail.com</a>
Newsletter	Marianne D.	<a href="mailto:Sunshinerpanel52@att.net">Sunshinerpanel52@att.net</a>
Public Outreach	Pat K.	<a href="mailto:dr180panel52@yahoo.com">dr180panel52@yahoo.com</a>
Spanish	Claudia G.	<a href="mailto:Spanishfls52@gmail.com">Spanishfls52@gmail.com</a>
Web	Diane B.	<a href="mailto:webcoordinator52fls@gmail.com">webcoordinator52fls@gmail.com</a>



## Calendar of Events

### 2013

#### TENTATIVE AGENDA

- August 23-25      24<sup>th</sup> Annual Florida South Convention  
Hyatt Regency Coconut Point, 5100 Coconut Road, Bonita Springs,
- October 4-6      Florida South Fall Assembly  
Crown Plaza, 13051 Bell Tower Drive, Fort Myers

### 2014

#### TENTATIVE AGENDA

- February 22-23      Florida South Winter AWSC Meeting  
Crown Plaza, 13051 Bell Tower Drive, Fort Myers
- March 15-16      Delegates Get Together  
Raleigh, NC
- April      World Service Conference  
Wyndham Virginia Beach Oceanfront Hotel, Virginia Beach, VA
- April 5-6      TEAM Event  
Marriott North, 6650 N Andrews Avenue, Fort Lauderdale
- June 6-8      Florida South Spring Assembly  
Marriott North, 6650 N Andrews Avenue, Fort Lauderdale
- June      2014 Florida South Alateen Conference
- July      2014 Florida State AA Convention
- August 1-3      Florida South Summer AWSC Meeting  
Marriott North, 6650 N Andrews Avenue, Fort Lauderdale
- August      25<sup>th</sup> Annual Florida South Convention  
East Coast of Florida
- October 24-26      Florida South Fall Election Assembly  
Crown Plaza, 13051 Bell Tower Drive, Fort Myers
- November 22      AWSC Turn Over Meeting  
Marriott North, 6650 N Andrews Avenue, Fort Lauderdale
- \*\*\*3<sup>rd</sup> Saturday of every Month through July is Convention Committee Meetings

# The Big Easy Does It

## 24th Annual - Florida South Area 10 - 2013 Convention with AA Participation

**August 23 - 25, 2013**

**Hyatt Regency Coconut Point**  
5001 Coconut Road  
Bonita Springs, FL 34134  
888.421.1442

**Hotel Reservation Information:**

888.421.1442

Per room/per night - plus tax \$115  
Occupancy 1 - 4  
(rate includes self parking and \$5 off hotel breakfast buffet)  
Valet parking available at \$20 per night

To receive the above rate reservations must be made by August 2, 2013. When making reservations please let the hotel know that you are with **Florida South AFG Convention**.

**Registration:**

September 28 - 30, 2012 ONLY:	\$20
Postmark deadline August 4, 2013:	\$30
After August 4, 2013 on site only:	\$35
Alateen:	\$10
(notarized permission and medical forms required)	

Saturday Night Buffet Banquet:	\$39
Ice Cream Social:	\$10
Alateen Pizza Party:	\$10

**Make Checks Payable To:** AFG FLS Convention

Mail the form below and check to Convention Treasurer:  
AFG FLS Convention, P.O. Box 111254, Naples, FL 34108

**e-mail:** TheBigEasyMoney@gmail.com **phone:** 239-776-5957



**Convention Registration**

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ e-mail: \_\_\_\_\_

Badge Name: \_\_\_\_\_ District: \_\_\_\_\_

AI-Anon:  AA:  Alateen:  Preferred Language: Eng:  Spanish:

**Registration:**

September 28 - 30, 2012 ONLY:	\$20 <input type="checkbox"/>	Saturday Night Buffet Banquet	\$39 <input type="checkbox"/>
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Postmark deadline August 4, 2013:	\$30 <input type="checkbox"/>	Ice Cream Social	\$10 <input type="checkbox"/>
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After August 4, 2013 on site only	\$35 <input type="checkbox"/>	Alateen Pizza Party	\$10 <input type="checkbox"/>
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Alateen: \$10   
(notarized permission and medical forms required)

**TOTAL ENCLOSED:**

**NO REFUNDS/NO EXCEPTIONS**

**DINNER BUFFET**

Selections of mixed greens  
Crunchy greens with assorted toppings  
Ranch and Vinaigrette Dressing

Grilled and Carved Flank Steak, mushroom and herb sauce

Seared Salmon Fillet, citrus beurre blanc

Wild rice Pilaf

Garden Fresh Vegetable

Cookies and Brownies

Bread display and butter  
Coffee, Decaf, Tea

**Ice Cream Social**

Vanilla and Strawberry Ice Cream  
Toppings to include sprinkles, Oreo cookies, crushed peanuts  
Cherries, M+M's  
Chocolate, Caramel and Strawberry Sauce  
Whipped Cream

**AWSC (Area World Service Committee) Panel 52  
Summer Meeting Tentative Agenda  
August 9-11, 2013**

**Friday, August 9<sup>th</sup> – 8pm**

- 1) Open Business Meeting with a Moment of Silence followed by the Serenity Prayer
- 2) Welcome and Introductions
- 3) Read Traditions, Concepts and General Warranties
- 4) DRs, AISLs, Coordinators and Officers Meetings
- 5) Workshop

**Saturday, August 10<sup>th</sup> – 9am**

- 6) Reopen with a Moment of Silence and the Serenity Prayer
- 7) DRs, AISLs, Coordinators and Officers Meeting Reports
- 8) Establish Quorum
- 9) Read and Approve Minutes
- 10) Read and Approve Treasurers Report
- 11) 2014 Budget
- 12) Delegates Report
- 13) Alternate Delegates Report
- 14) AAPP Report
- 15) Alateen Conference Report
- 16) Alateen Conference/Guidelines Discussion
- 17) Convention 2013 Report
- 18) Fall Assembly – Rooming List for Assembly – Kathy D
- 19) District for Registration
- 20) Convention Chair 2015 & Alateen Conference Chair 2014 must be in attendance at the Fall Assembly
- 21) Stuffing Folders – *Items for GR folders must be available by 6pm*
- 22) Alateen Task Force Reports - Procedures – Linda / Modules - Paul / Training- Pat K
- 23) Coordinators Reports
- 24) Sunshiner
- 25) DR and AISL Reports
- 26) Standing Committee Meetings
- 27) Standing Committee Reports
- 28) Area Traditions and Concepts Workshop
- 29) TEAM 2014 Report
- 30) Convention Report 2014

**Sunday, August 11<sup>th</sup> - 9am**

- 31) Other Business
- 32) Announcements and Calendar of Events
- 33) Suggestion Box - Questions, Comments or Concerns
- 34) Closing

We will break for Lunch and Dinner. If all business is not concluded on Saturday, we will continue with Business on Sunday morning. If time permits we will have a Spiritual Meeting on Sunday morning.

## OFFICER'S REPORTS

### Alternate Delegate

Dear Panel 52 Members,

*What does our Alternate Delegate do? Well... to date, this year, I have completed our 2013 Annual Report online (\$61.25); I have sent all financial documents needed for our Tax Filing to our CPA, and I have signed and sent in our County Local Business Tax for 2013 (\$0).*

Soon, I will receive our Tax Return from the CPA, review it, send it to the Board of Directors (*aka Area 10 Officers*), and ensure that everything is in order so that approval can be given to the CPA to submit our 2012 Tax Return (*we generally get an extension to file in August*).

A "*Legal Documents Book*" has been created and will be passed on to other Alternate Delegates, Panel to Panel. It contains our Articles of Incorporation, By-Laws, Conflict of Interest Policy, Annual Reports, County Local Business Tax, Sales Exempt Certificate, and our Annual Tax Filings.

Serving on Panel 52 has been a privilege and honor. I am here to serve you! Please feel free to contact me, any time!

Love in Service,

*Kathy D*

Alternate Delegate  
[AltDelegate52fls@att.net](mailto:AltDelegate52fls@att.net)

### AAPP

There seems to be some confusion on how to become an AMIAS Alateen Sponsor. I hope the following will keep it simple:

1. Complete the FL SOUTH AL-ANON AMIAS packet and send it to me. The packet can be obtained on our FL South Area Web Site. Don't forget to include a copy of your FL Driver's License.
2. Get fingerprinted (the lowest cost is to go to your local police department) Provide them with our VECHS# V103040319
3. Send me an email at [aapp.afg@gmail.com](mailto:aapp.afg@gmail.com) and let me know that you were fingerprinted and the date.

Then wait for me to let you know your WSO Assigned AMIAS ID Number which is needed before you can participate with the Alateens. It really is as simple as 1,2,3 but sometimes we complicate the process. Let's keep it simple to we can do what is important ----BE THERE FOR ALATEEN - THEY NEED YOU!!

In Service,

Linda S.

## COORDINATOR'S REPORTS

### Public Outreach

Do you have an empty chair in your meeting? Is there someone out there that needs the helping hand of Al-Anon or Alateen? What are you willing to do?

One of the most popular campaigns is Al-Anon Faces Alcoholism, which gives every Al-Anon member an opportunity to participate in 12<sup>th</sup> step work. All that's required is to leave a copy of the magazine somewhere in the community with a local meeting list. Why should you distribute Al-Anon Faces Alcoholism? You might want to reach out to those who are still suffering and let them know they are not alone, you might want to be of service and give something back to our fellowship, you might want to practice the twelfth step by carrying the message or you just might love Al-Anon and Alateen. Whatever the reason do it!

Are you looking for a new type of meeting? WSO is looking for Al-Anon Groups who would like to host a 10-20 minute podcast meeting on any one of the Twelve Steps. To participate, three or four members must agree upon day and time for the recording; and they must use corded, landline telephones. If interested, contact Dolores in the Public Outreach Department at the WSO or [wso@al-anon.org](mailto:wso@al-anon.org) for scheduling.

The Sketches IV campaign generated 90,000 airplays on TV and another 90,000 airplays on the radio. WSO continues to ask us to thank the radio and TV stations that play our messages. The increase in airplays has shown an increase in visits to the Public Outreach Web Site.

Have you been to the Public Outreach Web site? Go to [www.al-anon.org](http://www.al-anon.org), click on Member, and enter your group name followed by the letters "afg" and you will find a wealth of information, including The Best of Public Outreach, everything you ever wanted to know, and didn't need to ask. Check it out!

It all begins with an empty chair and you!

Love in Service,  
Pat K

### Newsletter

This third edition of the Sunshiner is posted for your viewing on our Area 10 Website. Our Chair has submitted an Article summarizing the events going on in this area, such as the Alateen Conference and the Annual Convention. We have the Agenda for the next Area Meeting. We list the Area Officers, Coordinators, and their email addresses. You will find articles and reports from Area Officers and Coordinators providing the latest information on topics such as what is going on in Public Outreach. We also give you a calendar of events in the Area. We keep you up to date on what to find on the web from our Web Coordinator.

Thank you to the 2 members from District 189 for sharings this month. I invite the District Representatives to go back to your districts, to speak with your GR's and suggest to members that they submit a sharing for the Sunshiner on the Traditions and Concepts. Please ask them to email me their sharings at [Sunshinerpanel52@att.net](mailto:Sunshinerpanel52@att.net).

The next Articles and Reports from all Panel Members for the Sunshiner needs to be submitted no later



than August 23, 2013 . Please send current reports and articles in preparation for the Assembly.

The next Sunshiner will be on hardcopy and must be submitted within the deadline to prepare for print.

Yours in Service

Marianne D. [Sunshinerpanel52@att.net](mailto:Sunshinerpanel52@att.net).

## **Web Coordinator**

Our website is a great place to find out what's happening in Florida South Area 10. We have the calendar of events that list District meetings, speaker meetings, anniversary meetings, gratitude dinners and the convention.

We have meeting lists for each district, just click on the Florida South map to bring up that district's meetings listed by day of the week. If you need to speak to someone from that district, there are emails listed.

What if you want to send a message or ask a question of our Delegate, Chair or any of the officers or coordinators? Use the [contact us](#) tab to find our emails.

Do you need to access the WSO to download a guideline or literature order form? We have a tab that will take you there.

To keep the web current, we need input from our members. Announcements such as flyers and district newsletters can be posted, just remember to keep contact information generic to protect anonymity.

We attempt to keep all the information current on the web, meeting changes are updated regularly, but being human – sometimes we fall a little short. Remember, it's *Progress not Perfection*.

Hugs;

Diane B.

Web Coordinator

[webcoordinator52fls@gmail.com](mailto:webcoordinator52fls@gmail.com)



## WRAP UP REPORT 2013 FLORIDA SOUTH ALATEEN CONFERENCE

Dear Al-Anon /Alateen Family:

The 2013 Florida South Alateen Conference, “The Rhythm of Recovery” was very successful! The Conference Committee would like to take this opportunity to thank Florida South Area 10 and also North Florida Area 9 for all the support in helping the Alateen’s vision become a reality.

This year there were 50 Alateens, 28 AMIAS (including Nurse Barbara K.) and 7 Parents in attendance from North and South Florida. All AMIAS passed the background and fingerprinting requirements. The parents were housed separately from the Conference dorms and were clearly identified with name tags for the safety and security of all Alateens at the Conference.

The Musical theme was fun and allowed for interesting topics and sharing for meetings and workshops. Wonderful musical talent was performed by the Alateens at “Alateen’s Got Talent”. AMIAS also had fun in the Group Exercise Music portion. The Friday night Luau and Bon Fire sharings including S’mores was great. The weather didn’t allow for swimming on Saturday but the Slip and Slide was a thrilling activity on Sunday morning. Everyone in attendance had the opportunity to see the principles and tools of the Al-Anon/Alateen program at work. All headed for home with a lot of shared experience, strength and hope.

Although the purpose of the Alateen Conference was not to make a profit, we had a surplus.

Together We Can Make It!  
2013 Florida South Alateen Conference Committee

Denise D. /Patrick D. Chairs  
Mary B. /Sam M. Co Chairs



## DISTRICT REPRESENTATIVE REPORTS

District 169 (45<sup>th</sup> St, South to Lake Worth Rd, Including Belle Glade)

### Announcements:

- We have a new Alt DR! Welcome Robert! He has moved from North FL and willing to serve as our Alt DR. He has been very helpful! Unfortunately I couldn't make it this weekend but Robert was willing and able to represent our district this weekend! Thank you Robert!
- Recently District 169 voted to have it's own AIS. We haven't made any changes as of yet and will be discussing this in upcoming district meetings. We voted to finish the panel with combined AIS til the end of the panel but would like to start filling positions and serving on our own as a trial until the new panel begins.
- Thursday night group "Free To Be Me" has closed.

### 2013 Events:

- Love Dinner held in February was also well attended. We had a couple speak and seeing how recovery has changed their "love" for each other was awesome!
- In April we had a new event...A beach picnic held by District 160 & 169. The weather wasn't the best but we still had a good turnout of members and a great time of fellowship! Vincent from 169 and Gail from 160 chaired this together, great job and most of the lunch was provided! We will hopefully do this again next Spring.
- Gratitude Dinner date is set!! We will have District 169 Gratitude Dinner on November 2, 2013!!

Being the DR for 169 has taught me so much and it's only ½ way through! Our District mtgs have almost doubled in attendance and the participation has been awesome! I'm working on reaching out to the remaining meetings that have not been able to come to district meetings and see how I can help.

We will have a Literature Workshop in October and the Gratitude Dinner in November.

Love in Service, Mara M (DR)



## SHARES

As I have learned: we only ask God to remove our character defects. I need to remember he will remove them on his own time and his own way. That is where step three comes in to play. God knows better than me how to handle the situation. I also need to remember, I will never be perfect. This is a life long struggle. So sit back and enjoy the ride and let him show you the way, if you chose to take it.

Anonymous



I have been going through some things lately as most of us have and was planning on attending my Wednesday morning meeting. I looked at the clock and had plenty of time to get dressed and eat something when the phone rang. It was my brother who lives in another town. I love to talk to him so we talked about something I had asked his advice on. The conversation got kind of long and I heard another call coming in on my phone. I saw it was my Alanon friend calling so I switched over to take her call. When I said Hello, there was no answer. I then looked up and saw that I only had about 15 min. to get dressed, jump in the car and drive to my meeting that I really needed to be at. I told my brother I had to go or I would miss my meeting. I ran in the bedroom to throw on some clothes, called my friend back to see what she wanted but she didn't answer and I didn't have time to try again. I jumped in my car and got every red light on the way to the meeting. I arrived at my meeting with one minute to spare. The meeting was wonderful and after it ended, I asked my friend why she called. She said she didn't call and I said your name was on the caller ID. She told me she had a new phone and didn't know how to lock the keys when she puts it in her purse and that it was HP that called me to the meeting because I needed to be there and even got me there on time!

Janet H.