AN OPEN LETTER TO SPIRITUAL LEADERS



Dear Friend,

You are often among the first in the community to learn that a problem in the family may be the result of someone's drinking. Alcoholism is not simply an issue of excessive drinking, it is a disease which affects the drinker as well as his or her family, friends and co-workers, spiritually, mentally and physically.

Al-Anon Family Groups, which includes Alateen for the younger members, is an established community resource for people who have been affected by another's use of alcohol. Al-Anon consists of nonprofessional mutual support groups in which the identity of all members is protected.

Al-Anon is a spiritual program of recovery which is compatible with all religious beliefs and practices.

The Al-Anon/Alateen program can aid the recovery process for the entire family through hope
comfort and loving interchange among members having a common problem.
When someone turns to you for help and an alcohol related problem is identified, we urge you
to suggest that they attend Al-Anon and/or Alateen meetings. Al-Anon can help you help
them. If you wish more information, please call or 888-4AL-ANON
(888-425-2666), Monday through Friday, 8 AM to 6 PM, ET.
Sincerely yours,

HOW YOU CAN HELP

- Announce meeting times and places in your publications
- Display Al-Anon/Alateen information in a literature rack.
- For more information contact

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