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# Special Thanks

## District 150

### Volunteers

Chair *Diane B.*

Co-Chair *Sue R.*

Treasurer *Sue V.*

Program, Lori B .

Luncheon, Lillian C.

Registration, Karen M.

Printing & Publicity, Venessa H.

Raffle, Billie S.

Set up & Clean up, Pat D.

Decorations, Sue R.

Sponsorship Skit, Bobbi F.

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Mitch H	Tina E
Melanie U	Helen W
Robin D	Patty L
Bonnie M	Faviana M
Joanne H	Kathy K
Pat H	Susan S
Gabriele S	Melonie W
Sally H	Vicki L
Judy N	

No one person can do it all. It takes teamwork, compromise and Principles above Personalities to create a day filled with fun and fellowship.

*Great books help you understand  
and they help you feel understood.*



## Al-Anon Area 10

### Day of Workshops

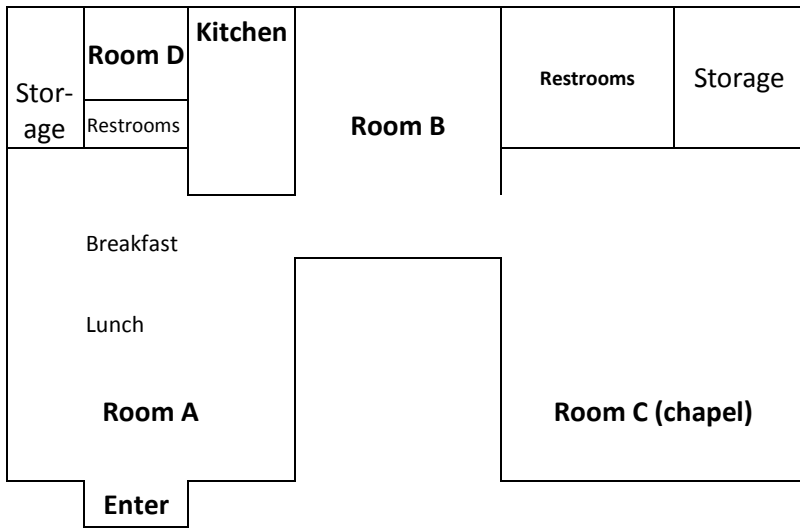
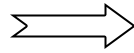
Hosted by District 150

**Timely Topics inspired  
by Al-Anon literature**

Saturday, October 19, 2019

9:00 am to 4:00 pm

AFG Parking in back of Church



## The Area Officers and Coordinators

Delegate	Cheryl A.
Alternate Delegate	Diane B.
Chair	Lisa M.
Secretary	Juliette L.
Treasurer	Kathy D.
Group Records	Andy M.
Literature	Laura B.
Newsletter	Nadine A.
Alateen	Stuart D.
Archives	Kathleen L.
Public Outreach	Norma P.
Spanish	Terri M.
Web	Scott B.
AAPP	Kathy H.

START	END	Room A - Lunch/Kitchen	Room B (Center room)
9:30	10:00	Registration / Raffle Tickets	
10:00	10:15		<b>Opening &amp; Welcome</b>
10:15	11:00	<b>The 3 A's and our "Losses"</b>	Alcoholism, a Merry-go-Round named Denial
11:15	12:00	<i>Set up for Lunch</i>	Principles of Al Anon
12:00	1:00	Lunch / Raffle Tickets	
1:00	1:30	<i>Clean up after Lunch</i>	<b>Sponsorship Skit</b>
1:45	2:30	<b>Self-Awareness, Self-Esteem, Self-Love &amp; 3 C's</b>	Intimacy in Alcoholic
2:45	3:30		Al-Anon, A.A. + Speaker
3:30	4:00		<b>Raffle &amp; Closing</b>

START	END	Room C - Chapel	Room D (Spanish)
9:30	10:00		
10:15	11:00	<b>Discovering Choices</b>	Spanish—Nuevo La intimidad en las relaciones alcoholicas
11:15	12:00	<b>The Family Disease</b>	<b>AMIAS Q &amp; A</b>
12:00	1:00		
1:00	1:30		
1:45	2:30	<b>Hope and Understanding for Parents &amp; Grandparents</b>	Spanish - Auto conocimiento
2:45	3:30		
3:30	4:00		

 = nothing in this location at this time



**As you attend the workshops today, Please share your experience, strength and hope for submission to the *Forum*. Extra forms and the collection container are located at the registration table.**